



## Gluten Free Options

### Breakfast

#### Hot Buffet

Scrambled Eggs  
Bacon  
Sausage Links  
Baked Ham  
Grits  
Fried Mush

Corn Beef Hash  
Home Fry Potatoes  
Dutch Fry Potatoes  
Baked Hash Browns  
Veggie Egg Scrambler  
Fresh Fruit

#### Grills

Made-to-Order Eggs  
Made-to-Order  
Omelets (not including  
sausage filling)

#### Assorted Beverages

### Lunch/Dinner

#### Hot Buffet

Turkey or Pork  
Mashed Potatoes  
Steamed Vegetables  
Beef Brisket  
Pork BBQ  
Pork & Kraut  
Baked Ham  
Baked Fish  
Rice  
Mashed Potatoes  
Baked Potatoes  
Stewed Tomatoes  
Harvard Beets  
Dried Corn

#### Grills

Hamburgers  
(Lunch & Saturdays)  
Grilled Steaks  
Sautéed Mushrooms  
(Monday & Tuesday Dinner)  
Sautéed Onions  
(Monday & Tuesday Dinner)  
Grilled Salmon  
(Tuesday & Friday Dinner,  
Saturday Lunch & Dinner)  
Prime Rib  
(Wednesday Dinner)

#### Salad Bar

All Fresh Greens  
All Fresh Vegetables

#### Desserts

Fresh Fruit  
Pearl Tapioca  
Sugar Free Tapioca  
Egg Custard  
Apple Cake  
Chocolate Cake  
Soft Serve Ice Cream  
Rice Pudding  
Jell-O

#### Assorted Beverages