## Watermelon & Peanut Butter Bites

## **Ingredients:**

- 2 cups seedless watermelon, cubed (1 to 1.5-inch pieces)
- ¼ cup natural peanut butter (creamy or crunchy)
- Sea salt (optional)
- Crushed peanuts (optional topping)
- Mint leaves or basil (optional for garnish)

#### **Instructions:**

## 1. Prepare the Watermelon:

Cut watermelon into bite-sized cubes and place them on a platter or serving tray.

#### 2. Add Peanut Butter:

Use a small spoon or piping bag to dollop a small amount (about  $\frac{1}{2}$  tsp) of peanut butter on top of each cube.

### 3. Add Toppings (Optional):

- Sprinkle a pinch of sea salt to enhance flavor.
- Add crushed peanuts for crunch.
- Garnish with a small mint or basil leaf for freshness.

### 4. Serve Immediately:

These are best enjoyed fresh while the watermelon is cold and crisp.

# **Optional Variations:**

- **Skewers:** Alternate watermelon cubes and peanut butter-smeared banana slices on mini skewers.
- **Smoothie:** Blend 1 cup frozen watermelon, 1 tbsp peanut butter, and ½ cup plain yogurt or almond milk.
- Frozen Bites: Freeze the peanut-butter-topped cubes for 30 minutes for a cool snack.